

# December 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Practice Dates/Times Subject to Change. Coaches will communicate any changes home.						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17 Practice until 4:30	18 Practice until 4:30	19 Practice until 4:30	20 Practice until 4:30	21 No Practice	22
23	24	25	26	27	28	29
30	31					

# January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7 Practice until 4:30	8 Practice until 4:30	9 Practice until 4:30	10 Practice until 4:30	11 Practice until 4:30	12
13	14 Practice until 4:30	15 Practice until 4:30	16 Practice until 4:30	17 Heineman at Nippersink	18 Practice until 4:30	19 *Meet at Genoa Kingston
20	21 Practice until 4:30	22 Cary at Nippersink	23 Practice until 4:30	24 Meet at Beardsley	25 Practice until 4:30	26 *Meet at Lake Zurich
27	28 Practice until 4:30	29 Meet at Bernotas	30 Practice until 4:30	31 Lundahl at Nippersink		

\*Genoa-Kingston High School,  
980 Park Avenue, Genoa, IL  
60135.  
Bus leaves NMS @ 6:00 am  
Parents responsible for  
transportation home

\*Lake Zurich Middle School North  
95 Hubbard Lane Hawthorn Woods, IL  
60047. Bus leaves NMS @ 7:00 am  
Parents responsible for  
transportation home

# February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b> Practice until 4:30	<b>2</b>
<b>3</b>	<b>4</b> Practice until 4:30	<b>5</b> Meet at Marlowe	<b>6</b> Practice until 4:30	<b>7</b> Meet at Parkland	<b>8</b> Practice until 4:30	<b>9</b> *Conference Tournament @ Marlowe
<b>10</b>	<b>11</b> McHenry at Nippersink	<b>12</b> Practice until 4:30	<b>13</b> Creekside at Nippersink	<b>14</b> No Practice P/T Conferences	<b>15</b> No Practice 1/2 day	<b>16</b>
<b>17</b>	<b>18</b> Practice until 4:30	<b>19</b> Meet at Northwood	<b>20</b> Practice until 4:30	<b>21</b> Johnsburg at Nippersink	<b>22</b> Practice until 4:30	<b>23</b> *Regionals At Johnsburg
<b>24</b>	<b>25</b> Practice until 4:30	<b>26</b> Practice until 4:30	<b>27</b> Practice until 4:30	<b>28</b> Practice until 4:30		

\*The time of the meet and when buses depart NMS will be announced. Parents are responsible for transportation home.

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March 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b> Practice until 4:30	<b>2</b> *Sectionals Deerfield
<b>3</b>	<b>4</b> Practice until 4:00	<b>5</b> Practice until 4:00	<b>6</b> Practice until 4:00	<b>7</b> Practice until 4:00	<b>8</b> *State Finals In Dekalb	<b>9</b> *State Finals In Dekalb
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>31</b>						

\*Deerfield Shepard Middle School.  
440 Grove Ave, Deerfield, IL 60015  
Buses depart NMS at 6:30. Parents  
are responsible for transportation  
home.

\*Parents are responsible for  
transportation to and from DeKalb.  
Weigh-ins at 9:30  
Wrestling begins at 11:30  
6 Rooms are reserved at the  
Hampton Inn, Dekalb.